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## Dear Parents,

It is very important to take note of the medical check-ups required for first-time enrollees. For new students, the requirements written on the <u>Student Health Card and Physical Examination Record</u> must be completed by a licensed physician. Documents will be submitted directly to the ISM Health Clinic upon enrollment.

- 1. Obtain the Student Health Card and Physical Examination Record from the Admissions Office or through the ISM website. The completed form for new students should not be more than twelve (12) months old prior to start of classes. It will be reviewed by the ISM Clinic Team for:
  - a. Physical findings: A licensed physician must certify that the student is physically able to participate in all normal school activities. Any limitations should be carefully noted and explained. Please note the additional requirement below:
    - All new students entering Grade 6 and above must also undergo electrocardiogram testing, with results to be noted by the physician on the Student Health Card and Physical Examination Record.

Note: Parents are advised to have their child's vaccination records on hand.

- b. Immunizations required:
  - 1) Diptheria, Pertussis, Tetanus (DPT)
  - 2) Polio (OPV/IPV)
  - 3) Mumps, Measles, Rubella (MMR)
- c. Immunizations strongly recommended:
  - 1) Covid-19
  - 2) Tetanus booster (12 15 years old)
  - 3) Hepatitis A
  - 4) Hepatitis B
  - 5) Varicella (Chickenpox)
- d. Severe Allergies: For students with life-threatening allergies, history of anaphylaxis or who have an Adrenaline Auto-Injector (e.g. Epipen), please fill out the Anaphylaxis Management Form (available at the Admissions Office and through the ISM website). Bring the completed form to the Health Clinic and make an appointment with the Clinic Administrator or Clinic Physician.
- e. Name and telephone number of parents or guardian must be provided.
- f. Name and telephone number of emergency contact person must be provided.
- g. Signature of parent for permission for Emergency Medical Treatment.
- 2. The medical examination may be performed by an in-country physician or by a physician in the country of origin. If not completed in English, a translation will be required.

IMPORTANT: If any of the above requirements are not met, it is school policy that your child will not be allowed to begin classes.